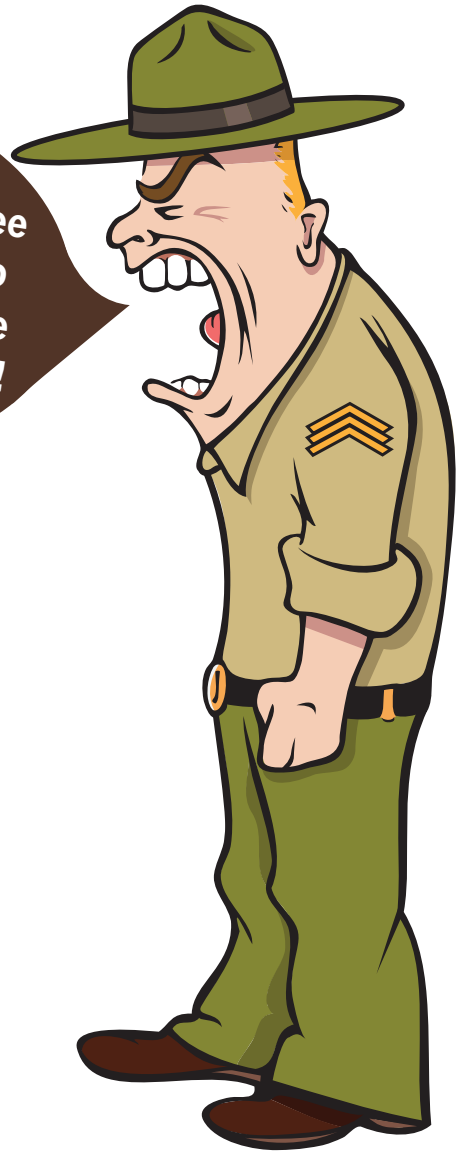


**LOSE UP TO  
25 LBS BY  
THANKSGIVING!  
SEP. 26 - NOV. 20**

Every class attendee  
will be entered into  
a drawing to receive  
1/2 off of Boot Camp!



## **8 WEEK PROGRAM:**

- Weekly nutrition and menu planning classes
- Personalized eating plan
- One-on-one counseling
- Easy and effective exercise circuit
- Soothing relaxation treatments
- Weight loss supplement package
- 10-day Detox system
- Exercise classes and plans
- Weekly educational classes
- Before and after Body Composition Analysis
- No contract necessary

Come learn more about this program and  
decide if it's right for you!

***Monday, September 12 at 6:00 pm***

***Wednesday, September 14 at 9:00 am***

Call today to reserve your spot!\*

**541.471.2224**

\*no obligation to join



Complete Weight Loss & Wellness Centers